

WELCOME!



Come join us in the Sanctuary Garden, which includes an 11 Circuit Medieval style labyrinth. It is located behind Grace in the Desert Episcopal Church at 2004 Spring Gate Lane in Las Vegas, NV. As you enter the driveway, turn left and follow the drive to the back of the property.

The Sanctuary Garden is open to all, regardless of faith background. You are encouraged to walk the labyrinth, to sit on one of benches in the garden to relax and meditate or to just come and enjoy

HOW TO WALK A LABYRINTH

First, be assured that you are welcome, even if you have not walked a labyrinth before. There is no right or wrong way. Each person has their own unique style, but a few suggestions are offered to help you on your way.

Begin at the opening pausing to reflect on and mind – resolution, Release those prepare to begin your



As you begin to walk deliberately, open receive what God has Remember that this is conversation but a When you reach the center, pause for as long as you like. Offer a prayer of thanksgiving or just be still and know that you are not alone.

to the labyrinth by what is on your heart thankfulness, healing, reconciliation. concerns as you walk.

slowly and your heart and mind to in store for you. not a one-sided listening to receive.

As you return, reflect on what you have received. When you have reached the entrance, face the center, take a deep breath and acknowledge what you have received.

Sit on a bench, take time to meditate on what you have received. You might want to journal your experience or to create a drawing.

A logistical note: If you encounter someone walking the same path as you, but going the opposite direction, simply pause and step into another pathway until they have passed. If you encounter someone ahead of you and you want to pass them, simply step into a different pathway until you have passed them and return to your pathway.

History of Labyrinths

Labyrinths have been around for thousands of years in all faith traditions. Greek mythology tells us that the original labyrinth was created to trap and hold the minotaur. It was not until Christianity became an established religion that they begin to be used as a spiritual guide. One explanation was that walking a labyrinth was an alternative for those who could not make the pilgrimage to Jerusalem. There are many uses in modern times, but the most often it is as a tool for spiritual guidance and calming of the mind.

Labyrinths are found not only in and around churches, but also on beaches, mountain tops, deserts ,in parks, schools and hospitals. They have decorated pottery and stones and appeared on ancient coins.

Some of the most well know labyrinths are in Grace Episcopal Cathedral in San Francisco and Chartes France. Grace in the Desert labyrinth is modeled after these two, which are also 11 Circuit Medieval Style. An 11 circuit medevvial style labyrinth has 11 concentric circles leading to the middles of the Labyrinth.



History of Grace's Sanctuary Garden/Labyrinth

Grace's sagas begin with a parishioner's visit to Grace Episcopal Cathedral and their Labyrinth. He returned home inspired to create a place of peace and contemplation in his home parish. After fits and false starts, and with the help of volunteer's groundwork was laid for the labyrinth. The Grace youth group took on the project and laid painted and glass rocks to mark the path of the labyrinth.

But time and destiny had other ideas and the labyrinth fell into disuse and ultimately into disrepair.

Several years passed and a new person appeared at Grace. Working with the original visionary and a core crew, the Sanctuary Garden begin to take shape, beginning with the labyrinth.

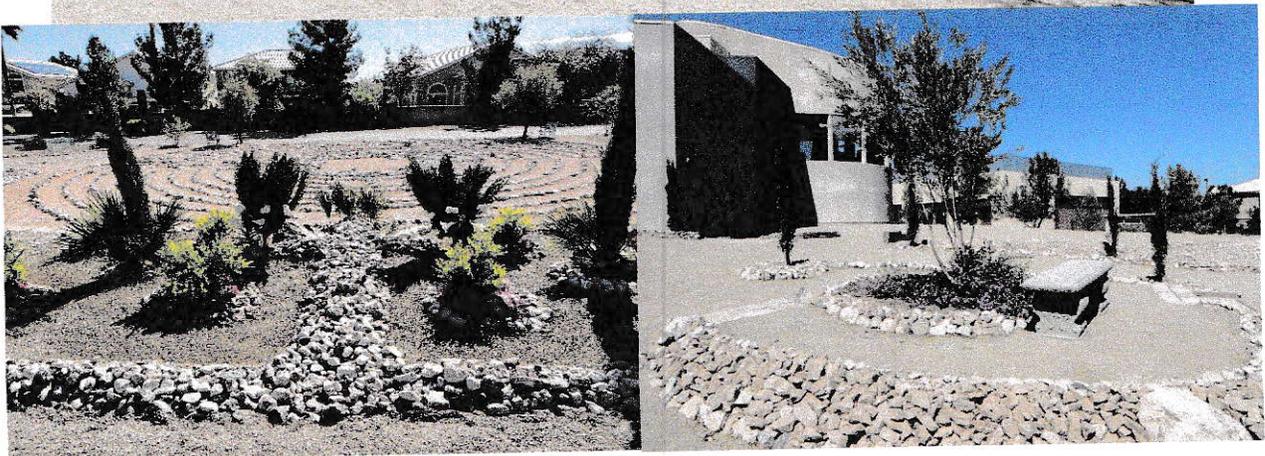
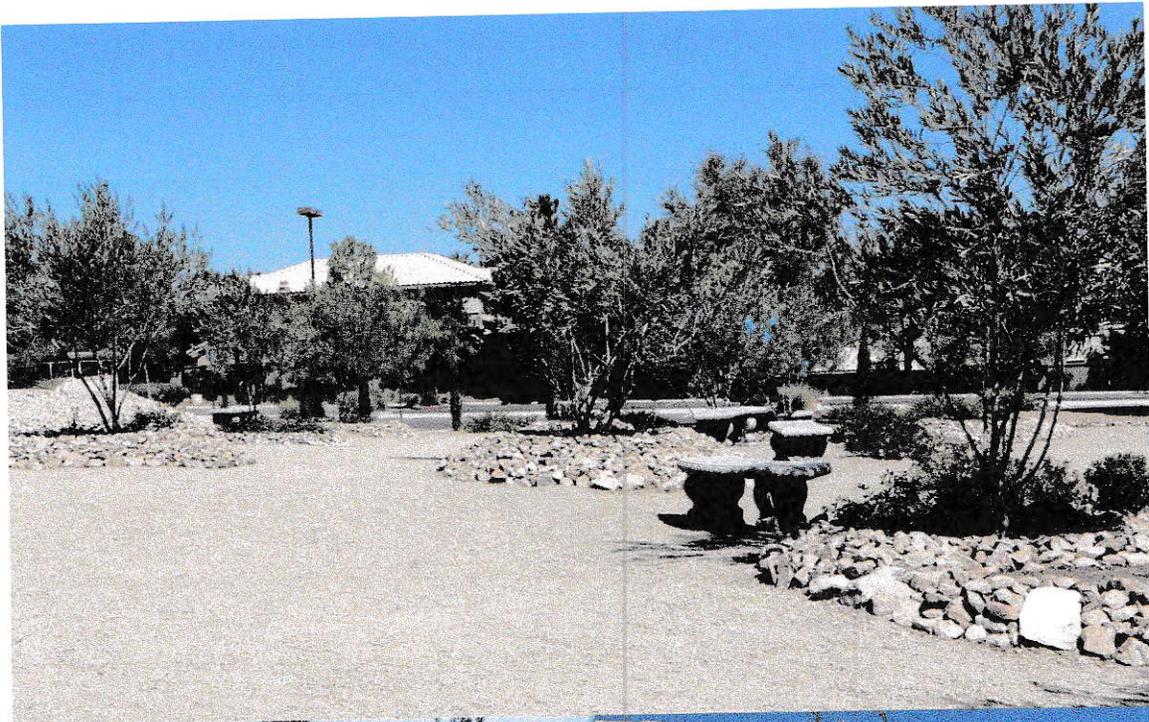
Soon areas reminiscent of where Jesus walked began to appear –



The Jericho Wall



The Road to Damascus



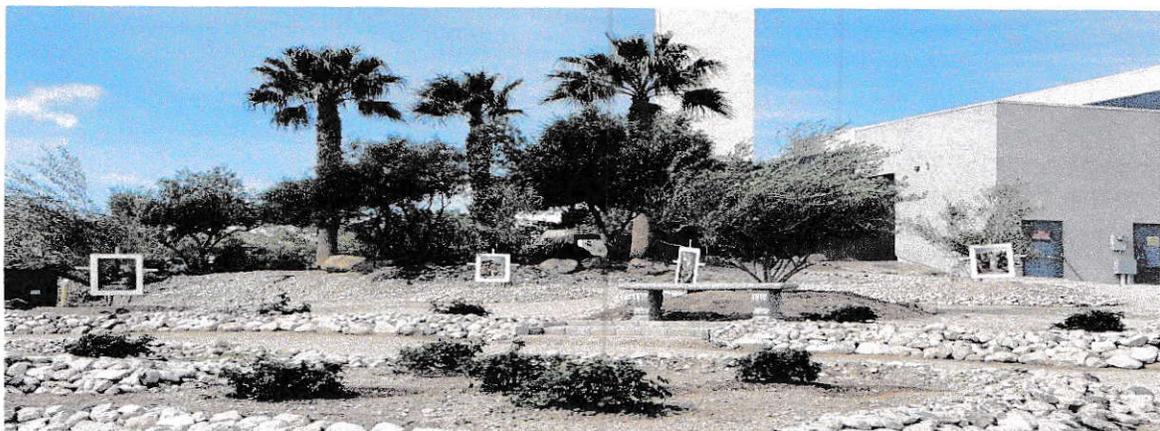
The Garden of Gethsemane



The Heights of Jerusalem

Not only parishioners are coming to see the beauty of the Sanctuary Garden, but people in the surrounding community are walking the labyrinth, sitting in contemplation on one of the benches, and enjoying the beauty and serenity that surrounds them there.

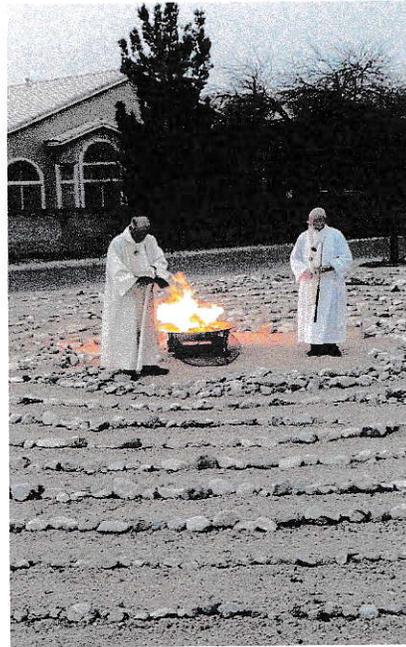
Special services have been held there.



The Stations of the Cross



The Burning of the Mortgage



Easter Vigil



Children's Halloween



Currently under construction is the Plain of Golgotha, where the vision is to be able to hold small outdoor services.

It continues to be a sanctuary garden where **ALL** are welcome - a place to be still and know God.